

# FALL & SPRING 2026

## **Ballet 1 (Ages 3–5)**

Mon 10:00–10:45 AM  
Sat 9:30–10:15 AM

## **Ballet & Tap 2 (Ages 5–7)**

Thurs 5:00–6:00 PM

## **Ballet 2&3 (Ages 6–9)**

Wed 5:30–6:30 AM  
Sat 9:15–10:15 AM

## **Ballet 4.1 (Ages 9–11)**

Thurs 4:00–5:00PM

## **Ballet 4.2 (Ages 9–11)**

Tuesday 4:00–5:00PM

## **Ballet 4/5 (Ages 9–13)**

Sat 10:15–11:15 AM

## **Ballet 5 (PL)**

Tues 5:00–6:00 PM  
Thurs 6:00–7:00 PM

## **Ballet 6 (PL)**

Tues 6:45–7:45 PM

## **Ballet 7 (PL)**

Mon 5:30–6:30 PM

## **Ballet 8 (PL)**

Mon 4:30–5:30 PM

## **Ballet 9 (PL)**

Mon 3:45–4:45 PM

## **Adult Beginner Ballet**

Tues 9:45–10:45 AM  
Thurs 9:45–10:45 AM

## **Open Teen Ballet**

Wed 6:30–7:30 PM

## **JAZZ**

### **Jazz 2 (Ages 5–6)**

Thurs 4:00–5:00 PM

### **Jazz 3 (Ages 7–8)**

Tues 4:00–5:00 PM

### **Jazz 4 (Ages 9–10)**

Tues 5:00–6:00 PM

### **Jazz 5 (PL)**

Wed 4:00–5:00 PM

### **Jazz 6 (PL)**

Thurs 6:00–7:00 PM

### **Jazz 7 (PL)**

Thurs 4:00–5:00 PM

### **Jazz 8 (PL)**

Wed 4:00–5:00 PM

### **Jazz 9 (PL)**

Thurs 5:00–6:00 PM

### **Open Teen Jazz**

Wed 7:30–8:30 PM

### **Adult Jazz**

TBD for fall 2026

## **LEAPS & TURNS**

### **Leaps & Turns 5/6**

Mon 6:30–7:15 PM

### **Leaps & Turns 7 (PL)**

Thurs 7:00–7:45 PM

### **Leaps & Turns 8/9 (PL)**

Mon 2:45–3:30 PM

## **KIDS TAP**

### **Tap 3/4 (Ages 7–10)**

Sat 10:30–11:30 AM

### **Tap 5/6 (Ages 9–13)**

Sat 9:30–10:30 PM

### **Adv Kids Tap (PL) (Ages 12+)**

Mon 6:30–7:15 PM

## **ADULT TAP**

### **Adult Tap 1 – Beginner**

Fri 11:00–12:00 PM  
Sat 8:30–9:30 AM

### **Adult Tap 2 – Beg/Int**

Tues 11:00–12:00 PM  
Thurs 11:00–12:00 PM

### **Adult Tap 3 – Int/Adv**

Mon 11:00–12:00 PM  
Wed 11:00–12:00 PM

### **Adult Tap 4 – Advanced**

Mon 7:15–8:15 PM

## **POINTE (PL)**

### **Pointe 5**

Tues 6:00–6:45 PM

### **Pointe 6**

Tues 7:45–8:30 PM

### **Pointe 7**

Mon 6:30–7:15 PM

### **Pointe 8**

Mon 5:30–6:15 PM

### **Pointe 9**

Mon 4:45–5:30 PM

## **HIP HOP**

### **Hip Hop 2/3 (Ages 5–7)**

Tues 6:00–6:45 PM

### **Hip Hop 4/5 (Ages 7–10)**

Wed 5:45–6:30 PM

### **Hip Hop 6/7 (PL)**

Wed 4:15–5:00 PM

### **Hip Hop 8/9 (PL)**

Wed 5:00–5:45 PM

## **CONTEMPORARY**

### **Contemporary Beg/Int**

Thurs 5:00–6:00 PM

### **Contemporary Int/Adv**

Thurs 6:00–7:00 PM

## **ACRO (PL)**

### **Acro 1**

Wed 7:15–8:00 PM

### **Acro 2**

Wed 6:30–7:15 PM

### **Acro 3**

Tues 4:00–5:00 PM

### **ADV ACRO**

Wed 5:45–6:30 PM

# BALLET

## **Ballet level 1 (Ages 3–5)**

*Mon 10:00–10:45 AM • Sat 9:30–10:15 AM*

**An introduction to dance in a fun, structured environment using creative movement and pre-ballet basics. Focuses on coordination, musicality, and classroom skills.**

## **Ballet & Tap level 2 (Ages 5–7)**

*Thurs 5:00–6:00 PM*

**A ballet and tap combo class introducing basic technique, rhythm, and coordination. Tap shoes are required.**

## **Ballet level 2/3 (Ages 6–9)**

*Weds 5:30–6:30 PM • Sat 9:15–10:15 AM*

**A ballet class focused on building strong fundamentals, including proper alignment, basic technique, and quality of movement.**

## **Ballet level 4.1 (Ages 9–11)**

*Thurs 4:00–5:00 PM*

**A ballet class focused on building strong fundamentals, including proper alignment, basic technique, and quality of movement.**

## **Ballet level 4.2 (Ages 9–11)**

*Tues 4:00–5:00 PM*

**A ballet class focused on building strong fundamentals, including proper alignment, basic technique, and quality of movement.**

**\*\*\*Dancers in this class must also be enrolled in Ballet 4.1**

## **Ballet level 5 (PL)**

*Tues 5:00–6:00 PM • Thurs 6:00–7:00 PM*

**Placement by AED staff is required.**

## **Ballet level 6 (PL)**

*Tues 6:45–7:45 PM*

**Placement by AED staff is required.**

## **Ballet level 7 (PL)**

*Mon 5:30–6:30 PM*

**Placement by AED staff is required.**

## **Ballet level 8 (PL)**

*Mon 4:30–5:30 PM*

**Placement by AED staff is required.**

## **Ballet level 9 (PL)**

*Mon 3:45–4:45 PM*

**Placement by AED staff is required.**

## **Teen Ballet – (Ages 9–14)**

*Weds 6:30–7:30 PM*

**Designed for dancers who started ballet later or are building foundational technique. Focuses on classical ballet basics, alignment, strength, flexibility, and musicality in a supportive environment. No placement required.**

## **Adult Beg Ballet**

*Tues 9:45–10:45 AM • Thu 9:45–10:45 AM*

**Tone your body, improve balance and strength, enhance your memory and clear your mind! This class includes a classical Ballet barre warm up and then moves to the center for an ending adage.**

# DRESS CODE

## **Ballet 1:**

**Pink or black leotard, pink tights, pink ballet slippers. No skirts.**

## **Ballet 2–8:**

**Black leotard, pink tights, pink canvas ballet slippers. \$15 alignment belt required (provided in class). No skirts.**

## **Ballet 9:**

**Black leotard, pink tights, pink canvas ballet slippers. \$15 ballet leveling skirt**

## **Boys (All Levels):**

**Tight-fitting white t-shirt, black athletic pants, black ballet slippers.**

# JAZZ

## **Jazz 2 (Ages 5–6)**

*Thu 4:00–5:00 PM*

**An introductory jazz class focusing on rhythm, coordination, and basic technique through classic jazz and theater-style movement. Ballet is recommended but not required.**

## **Jazz 3 (Ages 7–8)**

*Tues 4:00–5:00 PM*

**Builds on jazz fundamentals with increased focus on musicality, coordination, and age-appropriate technique. Ballet is recommended but not required.**

## **Jazz 4 (Ages 9–11)**

*Tue 5:00–6:00 PM*

**Continues development of classic jazz technique with structured warm-ups, across-the-floor work, and stylized combinations. Ballet is recommended but not required.**

## **Jazz 5 (PL) (Ages 11–13)**

*Weds 4:00–5:00 PM*

**Placement by AED staff is required.**

## **Jazz 6 (PL) (Ages 12–14)**

*Thurs 6:00–7:00 PM*

**Placement by AED staff is required.**

## **Jazz 7 (PL) (Ages 13+)**

*Thurs 4:00–5:00 PM*

**Placement by AED staff is required.**

## **Jazz 8 (PL) (Ages 13+)**

*Wed 4:00 – 5:00 PM*

**Placement by AED staff is required.**

## **Jazz 9 (PL) (Ages 14+)**

*Thurs 5:00–6:00 PM*

**Placement by AED staff is required.**

## **Teen Jazz – Non-Levelled (Ages 9–14)**

*Weds 7:30–8:30 PM*

**Designed for dancers who started later and need foundational jazz training. Focuses on classic jazz technique, coordination, and performance-style combinations. No placement required.**

## **Adult Beg Jazz**

*TBD FOR FALL 2026*

**This upbeat beginner jazz class focuses on simple combinations, musicality, coordination, and feel-good movement in a supportive, low-pressure environment.**

# DRESS CODE

## **Jazz 2–5**

**Black leotard, fitted dance shorts or leggings, black jazz shoes.**

## **Jazz 6–Teen Jazz**

**Form-fitting dancewear that allows instructors to see alignment. Jazz shoes required. Hair pulled back.**

# POINTE

## **Pointe Level 5 (PL)**

*Tues 6:00-6:45 PM*

**An introductory pointe class focusing on proper alignment, strength, and safe pointe technique. Emphasis is placed on foot articulation, balance, and readiness for pointe work.**

**Placement by AED staff is required.**

### **\*\*\*Important Safety Note\*\*\***

**For the safety and longevity of our dancers, students are not placed on pointe until they are physically ready. AED staff will evaluate each dancer and let families know when it is appropriate to purchase pointe shoes.**

**Please do not purchase pointe shoes until instructed by your teacher or AED staff.**

## **Pointe Level 6 (PL)**

*Tues 7:45-8:30 PM*

**Placement by AED staff is required.**

## **Pointe Level 7 (PL)**

*Mon 6:30-7:15 PM*

**Placement by AED staff is required.**

## **Pointe Level 8 (PL)**

*Mon 5:30-6:15 PM*

**Placement by AED staff is required.**

## **Pointe Level 9 (PL)**

*Mon 4:45-5:30 PM*

**Placement by AED staff is required.**

# DRESS CODE

## **Pointe Classes:**

**Black leotard, pink tights, approved pointe shoes.**

## CHILDREN TAP

### Tap 3/4 (Ages 7–10)

*Sat 10:30–11:30 AM*

**An introductory tap class focusing on rhythm, coordination, and basic tap technique in a fun, supportive environment.**

### Tap 5/6 (Ages 9–13)

*Sat 9:30–10:30 AM*

**Builds on tap fundamentals with increased rhythmic complexity, clarity of sound, and coordination through structured combinations.**

### Adv Kids Tap (Ages 12+)

*Mon 6:30–7:15 PM*

**An advanced tap class focusing on speed, precision, musicality, and performance-level combinations. Placement by AED staff is required.**

## DRESS CODE

### ALL TAP CLASSES:

**Black tap shoes. Comfortable, form-fitting clothing that allows for movement and sound clarity.**

## ADULT TAP

**Tap classes focus on rhythm, balance, and musicality while building a strong foundation in tap vocabulary. Dancers learn basic tap steps and combine them into clear, structured combinations and short dance routines. Classes emphasize sound clarity, coordination, and performance quality.**

### Adult Tap Level 1 – Beginning

*Fri 11:00–12:00 PM • Sat 8:30–9:30 PM*

### Adult Tap Level 2 – Advanced Beginner / Low Intermediate

*Tues 11:00–12:00 PM • Thurs 11:00–12:00 PM*

### Adult Tap Level 3 – Intermediate / Advanced

*Mon 10:00–11:00 PM • Wed 10:00–11:00 PM*

### Adult Adv Tap – Advanced

*Mon 7:15–8:15 PM*

## HIP HOP

### Hip Hop 2/3 (Ages 5-7)

*Tue 6:00-6:45 PM*

**An introductory hip hop class focusing on basic grooves, rhythm, and coordination in a fun, high-energy environment.**

### Hip Hop 4/5 (Ages 7-10)

*Wed 5:45-6:30 PM*

**Builds on foundational hip hop technique with more structured choreography, musicality, and performance skills.**

### Hip Hop 6/7 (PL)

*Weds 4:15-5:00 PM*

**An intermediate hip hop class focusing on strength, musicality, and more complex choreography. Placement by AED staff is required.**

### Hip Hop 8/9 (PL)

*Wed 5:00-5:45 PM*

**An advanced hip hop class emphasizing performance quality, precision, musical interpretation, and dynamic choreography. Placement by AED staff is required.**

## CONTEMPORARY

### Contemporary Beg/Int (PL)

*Thu 5:00-6:00 PM*

**A beginning/intermediate contemporary class that blends multiple codified dance techniques into fluid, expressive movement. Dancers explore musicality, coordination, and floorwork while developing strength and movement quality.**

### Contemporary Int/Adv (PL)

*Thu 6:00-7:00 PM*

**An advanced contemporary class that builds on blended technique with a strong focus on choreography, floorwork, and personal artistry. Dancers are challenged to develop individual expression, performance quality, and movement clarity. Placement by AED staff is required.**

## DRESS CODE

### ALL CONTEMPORARY CLASSES:

**Bare feet are preferred. Dance socks, foot undies, or turners may be permitted. Some instructors may require bare feet for certain classes.**

**Clothing should be comfortable, form-fitting, and allow instructors to clearly see body alignment and movement quality.**

## DRESS CODE

### ALL HIP HOP CLASSES:

**Clean sneakers worn only inside the studio or jazz shoes. Comfortable, form-fitting dancewear that allows for movement.**

**No outside shoes permitted on the dance floor.**

## LEAPS & TURNS

Leaps & Turns is a technique-focused class designed to improve jumps, kicks, turns, and overall movement power. This class is intended to be used as a supplementary class alongside ballet, jazz, or contemporary training.

### Leaps & Turns 5/6

Mon 6:30–7:15 PM

**Focuses on building strength, coordination, and foundational technique for jumps, kicks, and turns.**

### Leaps & Turns 7 (PL)

Thurs 7:00–7:45 PM

**An intermediate class emphasizing control, elevation, rotation, and technical precision. Placement by AED staff is required.**

### Leaps & Turns 8/9 (PL)

Mon 2:45–3:30 PM

**An advanced technique class focusing on power, speed, and performance-quality leaps and turns. Placement by AED staff is required.**

## DRESS CODE

### All LEAPS & TURNS CLASSES

**Basic athletic dancewear that allows for full range of motion.**

**Jazz shoes or ballet shoes may be required.**

## ACRO

Acro is a fusion of dance technique and tumbling, combining strength, flexibility, balance, and coordination. Classes include balancing skills, flexibility work, tumbling progressions, lifts, and partnering. All Acro levels are based on ability, not age. Placement by AED staff is required for Levels 2–4. Please note: Levels 2–4 require tumbling experience.

### Acro Level 1 – Beginning

Wed 7:15–8:00 PM

### Acro Level 2 – Advanced Beginner / Intermediate (PL)

Wed 6:30–7:15 PM

### Acro Level 3 – Intermediate / Advanced (PL)

Tues 4:00–5:00 PM

### Acro Advanced (PL)

Wed 5:45–6:30 PM

## DRESS CODE

### ALL ACRO CLASSES:

**Leotard of choice with athletic shorts. Bare feet required.**

# JEWEL COMPANIES

## **JEWEL COMPANIES (AGES 6-18)**

### **Perform. Compete. Belong.**

The AED Jewel Companies are performance-based teams for dancers who are ready to commit to a higher level of training. Company members perform in *The Nutcracker*, compete at dance competitions, and take part in additional exciting performance opportunities that Elle Johansen and Jessie Luke are developing for the 2026–2027 season.

### **Auditions May 16**

**1:00–3:00 PM**

Placement will be emailed on May 17<sup>th</sup>, along with any *Nutcracker* featured roles.

### **Program Overview**

All dancers who audition are placed on the Jewel Company team that best fits their abilities and development.

Company members:

- Commit to a 1-year program (June–May)
- Are required to take 2 ballet classes, 1 jazz class, and 1 company class per week
- Must participate in summer dance
- Perform regularly and train as part of a team
- May not miss more than 4 company OR technique classes between the following dates:
  - June 8–Aug 1
- May not miss more than 5 Company OR technique classes between the following dates:
  - Aug 31 – Nov 21st
  - Jan 4 – May 15th

### **Is Jewel Company Right for My Dancer?**

This program is designed for dancers who have chosen dance as their primary focus and are interested in progressing toward goals such as:

- High school dance, drill, or cheer
- University-level dance
- Professional or pre-professional training